

POST TREATMENT INSTRUCTIONS FOR TATTOO REMOVAL

After your tattoo removal treatment:

- Immediately following treatment, there will be a red discoloration of the skin. A small amount of bleeding, blistering and oozing may occur. This normally heals within 10-14 days. The tattoo will appear foggy and begin its fading process.
- Mild swelling, redness and tenderness are normal for one week.
- Apply ice compresses to the treated areas as often as possible for the first 24 hours. Avoid constant cooling of the treated area. Ten minute intervals will offer relief. You may take Tylenol, as advised, for pain relief.
- Keep the area dry for the first 24 hours following laser treatment. **DO NOT put any ointment on the treated area for 24 hours.**
- After 24 hours remove the dressing and wash the treated area gently with soap and water. Pat dry and apply antibiotic ointment twice daily. The antibiotic ointment may be purchased over the counter. Cover the treated area with a clean, non-stick dressing and secure with tape. Apply the antibiotic ointment until the areas are completely healed and dry. This can take up to fifteen days.
- Over the next several days, blisters may form followed by a scab or thin crust. Any scabs or crusting should be allowed to fall off on their own, do not pick or remove them. The underlying skin will remain red for a few days to several weeks.
- Avoid direct exposure of the sun to the treated area, wearing sunscreen SPF 30 or greater for 6 weeks after treatment.
- Avoid swimming, hot tubs and contact sports while crusts are present. **DO NOT** swim or surf in the ocean until the skin looks normal (not pink, swollen or blistered).
- If the treatment area shows signs of infection, profound redness, swelling, tenderness or pus, notify the office.
- We recommend that you return for treatment every six-eight weeks. This gives the treated area adequate time to heal. Also, this allows the body time to absorb and discard the tattoo ink through the lymphatic system.