

# *Laser Skin Solutions*

*Hair & Vein Removal • Sun Spot Removal • Filler • BOTOX • Skin Care • Tattoo Removal*

## **Filler Post-Treatment Checklist**

- 1) Immediately after treatment, the most commonly reported side effects were temporary redness and swelling at the injection site. These effects typically resolve within two to three days. Cold compresses may be used immediately after treatment to reduce swelling. If the inconvenience continues beyond two to three days or if other reactions occur, please contact your physician.
- 2) Avoid touching the treated area within six hours following treatment. After that, the area can be gently washed with soap and water.
- 3) Until the initial redness and swelling have resolved, avoid exposure of the treated area to intense heat (sun lamp or sun bathing)
- 4) If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to your physician about medications that may minimize a recurrence.
- 5) Be aware that aspirin, non-steroidal anti-inflammatory medications (including Advil and Aleve), Vitamin E, alcohol, and ginkgo biloba will thin the blood and may increase the possibility of bleeding and bruising. Avoid 2-3 days before and after treatment.
- 6) Avoid exercise for six hours post-treatment.
- 7) Evidence shows that having a follow-up treatment before the product has fully dissipated will enhance the lasting effect. Please be sure to consult your physician about recommendations for touch-up or follow-up treatments.