

# Laser Skin Solutions

*Hair & Vein Removal • Sun Spot Removal • Filler • BOTOX • Skin Care • Tattoo Removal*

## **INTRODUCTION TO LIPODISSOLVE & MESOTHERAPY**

Mesotherapy, the most successful of all current cellulite treatments available today, is a non-surgical treatment delivering medications directly into the dermis at the site of the condition being treated. “Meso” refers to the mesoderm, which gives rise to the connective tissues of the body. “Therapy” refers to the modality of treatment, in this case, injections. Once injected, it will affect the targeted tissue, reversing abnormal physiology by improving the body’s circulatory and lymphatic systems in the areas treated. In effect, Mesotherapy stimulates the body to heal itself in specifically targeted areas. In France, Mesotherapy is a formally recognized medical specialty used mainly to treat pain, sports injuries, and rheumatology, as well as to treat cellulite. In the U.S., we use Mesotherapy off-label, especially for aesthetic conditions including cellulite and reserved fat. For the right candidate, Mesotherapy is an excellent noninvasive alternative to liposuction.

**How many treatments are required?** Generally, the average patient requires eight to ten treatments. However active people who are already at their optimal weight, but have problem areas such as “love handles” or “saddlebags” may require fewer, whereas overweight individuals may require more.

**What are the side effects?** Side effects are generally limited to bruising. The bruises usually fade within one week. There may be transient tachycardia, dizziness, diaphoresis, or nausea.

**Can I go back to work after the treatment?** Yes. The procedure generally takes 30 minutes or less and requires no preparation or recovery time. Furthermore, no heavy bandages or girdles are used.

**Are the treatments painful?** The majority of patients experience minimal discomfort with mesotherapy. For those with lower pain thresholds, a numbing cream can be used.

**How long do the benefits last?** Treatment areas will remain free of unwanted fat as long as the patient maintains their weight with a healthy diet and exercise. Maintenance treatments will help to keep areas sculpted and cellulite free.

**How many treatments are required before I see results?** It depends on the patient’s sensitivity to the PPC and mesotherapy ingredients. Some patients see results after one treatment session while others may require four to five treatments to begin to see results. Often the patient’s clothing will become looser and friends and family will tell the patient they appear thinner.

**Is mesotherapy different from liposuction?** Yes, it is very different. Besides involving no anesthesia and surgical risk, mesotherapy requires no recovery time. The gradual effects of the treatment allow the skin to retract as fat is removed. Mesotherapy can be used post liposuction to further sculpt areas that may be lumpy or uneven.

**Will I lose inches/weight?** Mesotherapy for fat reduction is more about losing inches and sculpting than losing large amounts of weight. People with large amounts of weight to lose are not the best candidates for the procedure.

**I have hypothyroidism. Do my hormones have any affect on this procedure?**

Hormone imbalances are often at the core of the problem and need to be corrected to have maximum benefits. If the underlying physiology is corrected and maintained, then Mesotherapy is done in an initial series. If it recurs, then the process will need to be repeated.

**Is the procedure FDA approved?** All components are FDA approved for specific conditions. In Mesotherapy, we use the medications/ingredients “off-label”, which is every physician’s prerogative.

**What are the side effects?** There is a potential for transient tachycardia, dizziness, nausea, diaphoresis. Patients can expect signs of inflammation, including redness, swelling, itching, and tenderness.

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**What are the contraindications?** Pregnancy, breastfeeding, insulin-dependant diabetics, history of stroke or blood clots, history of recent cancer, history of heart disease, history of seizure disorder, known allergic reaction to any ingredients used.