

# Laser Hair Removal

## Frequently Asked Questions

Hair removal works when there is color in the hair. The laser is attracted to the melanin (dark pigment) in the hair follicle. Dark hair responds best and white or blonde hair does not respond at all.

### **What does it feel like?**

The CoolGlide Laser feels like a hot sting for a fraction of a second. It has a built-in cooling tip that not only protects the skin but also helps to minimize the discomfort. Most patients have no discomfort after treatment and normal activities may resume within a reasonable period of time. Since sensitivity to pain varies greatly, some areas may be uncomfortable and some areas may be very easy to tolerate. "Numbing cream" is available for purchase if you prefer. Please let us know.

### **How long do the treatments take?**

We schedule anywhere from 30 to 90 minutes for appointments. However, the actual amount of time the laser is being used can vary from as little as three minutes for an upper lip, up to 45-60 minutes for full legs or a man's back. Very often, follow up treatments are shorter (and less expensive) because there is much less hair to treat.

### **How many treatments are necessary?**

The number of treatments required for optimal results varies depending on the area treated, hair density, growth cycle, treatment parameters used, and a number of other factors. Typically 5 to 9 treatments, 6 to 10 weeks apart, may be required to achieve the desired results.

### **What results can I expect?**

Treatment results may vary among patients. For some this may mean a significant decrease in the frequency with which you must shave. For others it may mean permanent cosmetic improvement because hair re-growth is minimal, very fine or completely absent. Most patients will lose, on average, 20% to 30% of actively growing hair, permanently with each treatment. Everyone will have some re-growth with time regardless of the technology used. Hair that grows back will tend to be much finer and less concentrated.

### **Will my skin scar or blister?**

With any laser, this is a possibility. However, with our lasers this is very unlikely because they are much gentler on the skin than most lasers that remove hair.

### **If I have light hair (e.g. blonde, grey, red) will I see reduction?**

Unfortunately, patients with light colored hair see minimal to no results. The laser targets the melanin and these light hairs do not have enough melanin for the laser to see and destroy the follicle. We do offer electrolysis for any white or blond hairs you would like removed.

### **How long is the price quote good for?**

Two months from today.

For additional information, please refer to the "What to Expect" and "Pre and Post Care" Forms.